"Is This a Fast for Me?"

Doh is Ab · 4/4 Tune: AYLESBURY

| l, - - - m - r - | d - t, - l, - - - |
"Is this a fast for me?"

| m - - - s - f - | m - r - m - - - |
Thus saith the Lord our God;

| _ _ d - t, - l, - | m - d - r - d - |
"A day for man to vex his

| t, - l, - m - r - | d - - - t, - - - |
soul, And feel af- fliction's

| l, - - - - - - - |
rod?

The other verses

2 "No; is not this alone
The sacred fast I choose:
Oppression's yoke to burst in twain,
The bands of guilt unloose?

3 "To nakedness and want
Your food and raiment deal,
To dwell your kindred race among,
And all their sufferings heal?

4 "Then, like the morning ray,
Shall spring your health and light;
Before you, righteousness shall shine,
Around, my glory bright!"

Melody from the Open Hymnal Project (public domain), edited by Brian J. Dumont; tune AYLESBURY (From John Chetham's Psalmody, 1718); words by William Drummond of Hawthornden (1585–1649). Public domain: free to print, copy and sing. Solfa written by NoteFusion's engine from the hymn's notes.